

# MODULE SPECIFICATION FORM

| Module Title: Attachment Theory   |  |   |                                  |                | 4                    | Credit Value: 20 |  |  |
|---|--|---|----------------------------------|----------------|----------------------|------------------|--|--|
| Module code: SOC403   | SOC403 Cost Centre                       |   | e:                               | GAPE           |                      | JACS3 code: C821 |  |  |
| Trimester 1   |  | 1   | With eff                         | ect from:      | from: September 2014 |                  |  |  |
| <i>Office use only:</i><br>To be completed by AQSU:   |  |   | Date ap<br>Date re<br>Version    |                |                      |                  |  |  |
| Existing/ <del>New</del> :  | Title of module being replaced (if any): |   |                                  |                |                      |                  |  |  |
| Originating Academic<br>Department:   | Education                                |   | -                                | odule<br>ader: | Ja                   | ackie Raven      |  |  |
| Module duration (total<br>hours):<br>Scheduled learning &<br>teaching hours<br>Independent study hours<br>Placement hours | 200<br>110<br>90<br>0                    | Status: core/option/elective CORE<br>(identify programme where<br>appropriate): |                                  |                |                      |                  |  |  |
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#### Module Aims:

To acquaint students with current explanations of attachment theory in relation to the complex and diverse needs of children with a history of trauma

## Intended Learning Outcomes:

At the end of this module, students will be able to ...

- 1. Evaluate factors influencing the development of attachment (KS1, KS6)
- 2. Recognise the significance of the internal working model (IWM) in human development (KS1,KS3,KS4,KS6)
- 3. Identify and understand categories of attachment (KS1,KS3,KS4,KS6)
- 4. Demonstrate understanding of theories of attachment in relation to children who have experienced trauma, separation and loss (KS1,KS2,KS5)

Key skills for employability

- 1. Written, oral and media communication skills
- 2. Leadership, team working and networking skills
- 3. Opportunity, creativity and problem solving skills
- 4. Information technology skills and digital literacy
- 5. Information management skills
- 6. Research skills
- 7. Intercultural and sustainability skills
- 8. Career management skills
- 9. Learning to learn (managing personal and professional development, self management)
- 10. Numeracy

#### Assessment:

A 4,000 word workbook including 5 questions with a 600 word equivalent word count. The final section of the workbook requires the student to reflect and discuss how attachment theory informs their work with children and this has a 1,000 word count.

| Assessme<br>nt number | Learning<br>Outcomes<br>to be met | Type of assessment | Weighting | Duration (if<br>exam) | Word count     |
|-----------------------|-----------------------------------|--------------------|-----------|-----------------------|----------------|
| 1                     | 1,2,3,4                           | Essay              | 100%      | N/A                   | 4,000<br>words |

#### Learning and Teaching Strategies:

The module will be taught through a blended learning approach of face to face classroom sessions and e learning. Tutors will engage with students through the medium of the VLE. Additional support will be accessed through group or individual tutorials

#### Syllabus outline:

Central themes and core concepts of attachment theory Attachment formation: arousal and relaxation cycle, the secure base, The internal working model and 'good enough' parenting The Strange Situation and attachment styles Cultural context of attachment theory Promoting positive and regulated experiences Separation, grief and loss

## **Bibliography:**

Essential reading:

Cairns, K. (2002), *Attachment Trauma and Resilience: Therapeutic Caring for Children*. London: BAAF.

Daniel, B., Wassell, S. and Gilligan, R. (2010), *Child Development for Child Care and Protection Workers.* Second Edition. London: Jessica Kingsley.

Fahlberg, V. (2012), A Child's Journey Through Placement. London: BAAF.

Taylor, C. (2010), *Caring for Children and Teenagers with Attachment Difficulties*. London: Jessica Kingsley.

Other indicative reading:

Howe, D. (2005), *Child Abuse and Neglect: Attachment Development and Intervention.* Basingstoke: Palgrave MacMIIIan.

Pughe, B. and Philpot, T. (2007), *Living Alongside a Child's Recovery: Therapeutic Parenting with Traumatised Children.* London: Jessica Kingsley Publishers.

Schofield, G. and Beek, M. (2006), *Attachment Handbook for Foster Care and Adoption*. London: BAAF

## Online Resources:

Developmental Psychology . 2009. *The Strange Situation – Mary Ainsworth*. [Online]. [6 August 2014]. Available from: <u>https://www.youtube.com/watch?v=QTsewNrHUHU</u>

Lifespan Learning. 2009. *John Bowlby Attachment and Loss.* [Online]. [6 August 2014]. Available from: <u>https://www.youtube.com/watch?v=VAAmSqv2GV8</u>